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| Teacher: Keith Mulkins | Subject Physical Education |  | Week of Dec. 11 –Dec.14 |  |
| **Ky Core Content Standards** | **Learning Target** | **Procedures/Activities** | | |
| **K-2:**  *PL-EP-2.1.1*  *PL-EP-2.1.2*  **3-5:**   |  | | --- | | PL-EP-04-05-2.1.1  PL-EP-04-05-2.1.2 | |
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| Warm Ups | | | |
|  | Activities / Strategies:   * Stretches/Group * Exercises | | |
| Grade 3-5 | | | |
| Students will be able to: **Demonstrate locomotor and non-locomotor movements( movement concepts)**  **Demonstrate sportsmanship in regards to games and activities.** | Activities / Strategies: Movement Concepts/Building a snow man   1. Fitness Snowman building | | |
| **Essential Vocabulary** |
| **Warm Ups:**  Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory  **Warm Ups:**  Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory  **K-5:**  Locomotor & non-locomotor  Personal Space  General Space  Tempo  Walk  Run |
| Grade K – 2 | | | |
| Students will be able to: **Demonstrate locomotor and non-locomotor movements**  **Demonstrate sportsmanship in regards to games and activities.** | Activities / Strategies: Movement Concepts/Building a snow man   1. Fitness Snowman building | | |