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| Teacher: Keith Mulkins  | Subject Physical Education |  | Week of Dec. 11 –Dec.14 |  |
| **Ky Core Content Standards** | **Learning Target** | **Procedures/Activities** |
| **K-2:***PL-EP-2.1.1**PL-EP-2.1.2***3-5:**

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| PL-EP-04-05-2.1.1 PL-EP-04-05-2.1.2  |

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| Warm Ups |
|    | Activities / Strategies:* Stretches/Group
* Exercises
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| Grade 3-5 |
|  Students will be able to: **Demonstrate locomotor and non-locomotor movements( movement concepts)****Demonstrate sportsmanship in regards to games and activities.** | Activities / Strategies: Movement Concepts/Building a snow man1. Fitness Snowman building
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| **Essential Vocabulary** |
| **Warm Ups:**Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory**Warm Ups:**Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory**K-5:** Locomotor & non-locomotor Personal SpaceGeneral SpaceTempoWalkRun  |
| Grade K – 2 |
|  Students will be able to: **Demonstrate locomotor and non-locomotor movements****Demonstrate sportsmanship in regards to games and activities.** | Activities / Strategies: Movement Concepts/Building a snow man1. Fitness Snowman building
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