|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Teacher: Keith Mulkins  | Subject Physical Education |  | Week of Sept. 18 -Sept.21  |  |
| **Ky Core Content Standards** | **Learning Target** | **Procedures/Activities** |
| **K-2:***PL-EP-2.1.1**PL-EP-2.1.2***3-5:**

|  |
| --- |
| PL-EP-04-05-2.1.1 PL-EP-04-05-2.1.2  |

 |
|  |
|  |  |
| Warm Ups |
|    | Activities / Strategies:* Stretches/Group
* Exercises
* Review EmergencyProcedures
* Importance of (stop, look & listen) when whistle blows.
* Review Stingray Ways in the Gym
* Personal space & General space
 |
| Grade 3-5 |
|  Students will be able to: **Demonstrate locomotor and non-locomotor movements( movement concepts)****Demonstrate sportsmanship in regards to games and activities.** | Activities / Strategies: Movement Concepts 1. Double Track Cup Attack
 |
| **Essential Vocabulary** |
| **Warm Ups:**Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory**Warm Ups:**Flexibility, Muscle Strength, Muscle Endurance, Cardio-respiratory**K-5:** Locomotor & non-locomotor Personal SpaceGeneral SpaceTempoLevelsPathwaysWalkJumpGallopSlideLeap SkipRun Jump  |
| Grade K – 2 |
|  Students will be able to: **Demonstrate locomotor and non-locomotor movements****Demonstrate sportsmanship in regards to games and activities.** | Activities/Strategies: Movement Concepts (Locomotor & non-locomotor)1. Double Track Cup Attack
 |